



Nutrition facts

The products of familia contain the following nutritional values (100 g):

	energy (kJ)	energy (kcal)	protein (g)	carbo hydrates (g)	total sugar (g)	fat (g)	saturated fatty acids (g)	dietary fiber (g)	sodium (g)	share of wholemeal
organic										
Bio Birchermüesli	1560	374	11.0	65.0	13.0	6.0	1.0	8.0	< 0.01	///
Bio Huus Müesli	1683	402	12.0	62.0	8.0	10.0	1.5	8.0	0.08	///
Swiss Baby Müesli	1540	365	11.0	66.0	16.0	4.0	1.0	10.0	< 0.01	///
sports										
Champion Original	1620	386	11.0	64.0	26.0	8.0	1.0	8.0	0.15	///
Champion Crisp	1810	433	11.0	63.0	24.0	14.0	3.0	7.0	0.30	//
functional food										
body balance	1680	402	8.0	62.0	26.0	10.0	2.0	14.0	0.26	//
c.m. plus Original	1750	418	9.0	65.0	25.0	12.0	4.5	7.0	0.24	//
c.m.plus forrest fruits	1770	423	9.0	64.0	22.0	13.0	5.0	7.0	0.26	//
fit crisp	1600	384	11.0	70.0	25.0	5.0	1.0	8.0	0.31	//
a.c.e.balance	1880	449	8.0	57.0	21.0	18.0	5.0	12.0	0.13	//
specialties										
Spezial Müesli	1950	469	13.0	53.0	14.0	21.0	4.0	8.0	0.20	//
Choc'X +Bits	1810	434	8.0	65.0	30.0	14.0	4.0	8.0	0.24	//
Beeren Crunch	1740	412	10.0	67.0	19.0	10.0	3.0	6.0	0.26	//
Knusper Crunch	1940	464	8.0	60.0	22.0	20.0	4.5	6.0	0.04	//
kidz										
Swiss Choco Bits	1880	450	7.0	68.0	39.0	15.0	8.0	5.0	0.21	/
Swiss Choco Croc	1560	373	7.0	81.0	38.0	2.0	1.0	4.0	0.17	/
Swiss Choco Teddy	1730	411	6.0	74.0	39.0	9.0	4.5	4.5	0.16	/
I love Teddy	1630	387	6.0	80.0	37.0	4.0	1.0	4.5	0.19	/
Jungle Crunch	1580	377	6.0	84.0	35.0	1.0	< 0.5	3.0	0.21	/
For information about our international products, please contact us.										

share of wholemeal: / < 30 % // 30-50 % /// > 50 %