



Nutrition facts

The products of bio-familia contain the following nutritional values (100g):

	energy (kJ)	energy (kcal)	protein (g)	carbo hydrates (g)	total sugar (g)	fat (g)	saturated fatty acids (g)	dietary fiber (g)	sodium (g)	share of wohlemeal
organic										
Bio Birchermüesli	1500	358	11.0	65.0	13.0	6.0	1.0	8.0	< 0.01	///
Bio Huus Müesli	1620	386	12.0	62.0	8.0	10.0	1.5	8.0	0.08	///
Swiss Baby Müesli	1460	345	11.0	66.0	16.0	4.0	1.0	10.0	0.10	///
sports										
Champion Original	1560	374	12.0	68.0	27.0	6.0	1.0	8.0	0.07	///
Champion Crisp	1710	410	13.0	58.0	21.0	14.0	4.0	7.5	0.22	//
functional food										
BodyBalance	1570	374	8.0	62.0	26.0	10.0	2.0	14.0	0.26	//
c.m. plus	1690	404	9.0	65.0	25.0	12.0	4.5	7.0	0.24	//
fit crisp	1600	384	11.0	70.0	25.0	5.0	1.0	8.0	0.31	//
a.c.e.balance	1780	425	8.0	60.0	21.0	17.0	5.0	11.0	0.13	//
specialties										
Spezial Müesli	1890	453	13.0	53.0	14.0	21.0	4.0	8.0	0.20	//
Choc'X +Bits	1750	418	8.0	65.0	30.0	14.0	4.0	8.0	0.24	//
Beeren Crunch	1690	400	10.0	67.0	19.0	10.0	3.0	6.0	0.26	//
Knusper Crunch	1890	452	8.0	60.0	22.0	20.0	4.5	6.0	0.04	//
kidz										
Swiss Choco Bits	1840	439	7.0	68.0	39.0	15.0	8.0	4.5	0.21	/
Swiss Choco Croc	1530	365	7.0	81.0	38.0	1.5	0.5	5.0	0.17	/
Swiss Choco Teddy	1690	402	6.0	74.0	39.0	9.0	4.5	4.5	0.16	/
I love Teddy	1590	378	6.0	80.0	37.0	4.0	1.0	4.5	0.19	/
Jungle Crunch	1560	371	6.0	84.0	35.0	1.0	< 0.5	3.0	0.21	/
For information about our international products, please contact us.										

share of wohlemeal: / < 30 % // 30-50 % /// > 50 %